



*17th Annual
Movement Education Conference*



*Dancing
through
Time*

*A conference for teachers
and all lovers of dance*

Valerie Baadh and Jaimen McMillan

July 27-31, 2009

*Spacial Dynamics Institute
Mechanicville, New York*

From the archetype of the circle, through cosmic spirals, and weaving columns, dances trace the history of human development. In this conference, we will learn and explore fun and dynamic dances from different eras that point to the relationship of the community, the individual, and the space that surrounds and permeates every movement and form.

Ancient sword dances, May Pole dances, folk and court dances of the Renaissance, play party dances of the pioneer days, social dances of the Victorian era, jazz in the Ragtime era and the Harlem Renaissance—all offer the experience of a time, place, and culture that can enliven the history classroom as well as the playground, gym, or ballroom. This journey through a progression of dances will be a moving history lesson. We will see that a dance didn't come out of society, but rather each dance formed the very social, civic, and spiritual possibilities at a given time. Moving through the past into the present may help us better dance into the future. Come, let's dance!

This course is open to everyone. SDI graduates will receive Level II credit. We will begin at 7:30 on the first night and conclude at 12:00 noon on the last day. Tuition for this course is \$500.

Spacial Dynamics Institute 129 Hayes Road Schuylerville, New York 12871
518-695-6377 518-695-6955 (fax) sdiadmissions@earthlink.net www.spacialdynamics.com

Spacial Dynamics grad **Valerie Baadh** has been student of dance history since childhood. Early lessons in character dance and folk dance led to extensive ballet and modern dance training and performing and a BFA from California Institute of the Arts at age 20. As a young dancer and choreographer in San Francisco, she performed a solo concert at Museum of Modern Art and created new dances with Pacific Ballet and other local companies before raising her family.



In discovering Waldorf education, Valerie began her search for movement in its curriculum, finding her way to Spacial Dynamics and movement education. She taught at San Francisco Waldorf School for 15 years. In developing dance materials for her classes, the historic social dance forms became the core of a new dance curriculum that extends through 12th Grade. Ongoing study with Stanford University's Richard Powers and the local ballroom dance scene offer new and continuing challenges for the mature dancer. Since retiring from



Jaimen McMillan developed the discipline of Spacial Dynamics® in 1985. It is now an internationally recognized and growing body of spatially oriented movement exercises, activities, and games, a unique spatial approach to posture, and a refined method of movement observation and analysis. Jaimen gives lectures and workshops worldwide, and regular trainings in the US, England, Germany, and Hungary. He has written articles for educational and health journals and is a contributing author for books dealing with pedagogy and therapy.

The conference begins at 7:30 pm on July 27th with an introductory evening session. The schedule for the days includes sessions from 9:00 am –12:00 noon, 2:00 –6:00pm, and an evening session from 7:30—9:00 pm. The conference concludes at 12:00 on the last day.

***17th Annual Movement Education Conference
Dancing Through Time July 27– 31, 2009 Mechanicville, New York***

Name: _____

Address: _____ E-mail: _____

Telephone _____ Cell _____

Course Fee: \$500

Check Enclosed ___ check # _____ (check payable to SDI)

Please charge my credit card: \$500 ()

MasterCard or Visa number: _____ Exp. Date _____

Accommodations

___ The Rectory Bed and Breakfast , located next to SDI, full breakfast and computer access
___ single room (\$75/night)
___ shared/double room (\$45/night per person)

___ Room in a private home \$25/night
I have stayed with _____ and would like to stay there again.

___ Sleeping-bag space \$15/night
I have stayed with _____ and would like to stay there again.

Pet Allergies? _____ Additional nights needed ? _____

___ Making my own arrangements. Nearby motels priced at \$95-125 are listed on attached practical information sheet.

Dinners ___ I would like to have catered dinners for three evenings for \$55.
Please pay in advance, include with registration. Checks payable to SDI.

Transportation:

___ I will have a car ___ I will not have a car

___ I will be arriving at the Albany airport and want to share a cab

Arrival Date /Time _____ Airline/Flight # _____ From _____

Departure Date?time: _____

Please return by July 15th to:

Kay Zwirn

Spacial Dynamics Institute

129 Hayes Road

Schuylerville, NY 12871

Fax: 518-695-6955 sdiadmissions@earthlink.net

Travel, Lodging, and Meals Information Mechanicville Location

Location: Spacial Dynamics Institute 10 N. Main St. Mechanicville, NY 12118

Transportation/Directions: Taxi service to and from Albany Airport and the Albany/Rensselaer Amtrak Station costs about \$40, less per person with multiple passengers.

Capitaland Taxi (Albany): 518 242-4222. **Rick Phillips Taxi** 518-892-3052. **Lighthouse Taxi** (Mechanicville): 518-664-3223. Please call one day in advance to arrange airport pickup! Then call again when you have picked up your luggage.

Ride Sharing – We will share information we have about who is arriving when so you can share a cab. If you have a car or are renting one and are willing to bring others from the airport, please let Kay know!

Driving directions are as follows:

***From Airport and South:** North on I-87 to Exit 9 to RT 146 East. Follow Hwy. 146 into Mechanicville past where it joins Central Ave., Hwy.32, and Hwy. 4 going North. Just past the CVS Pharmacy on the right, take a right on Park Ave. Take a left onto N. Main St.*

***From North:** South on I-87 to Exit 12 to RT. 67 East and South through Malta into Mechanicville where RT 67 turns right and merges with N. Main Street..*

***From East:** South on I-91 to Brattleboro. Hwy 9 west to Bennington. Hwy 67A north to North Bennington. Hwy 67 west through Hoosick Falls and Schaghticoke before going across the bridge over the Hudson River. Take 1st left after driving over the bridge, onto N. Main Street.*

Lodging Options: We can arrange housing for you with SDI friends in our community (15-30 minutes away). The Rectory Bed and Breakfast is conveniently located next door to SDI. Sleeping bag space is the most economical and will be either in a private home or at a nearby retreat center. If you wish to make your own arrangements, a list of choices follows.

· Motel Accomodations – All within 10-20 min. drive from Mechanicville.

- Best Western: 518-371-1811, 617 Plank Road
- Comfort Inn: Tel: 518-373-0222, 41 Fire Road,
- Hampton Inn Clifton Park: Tel: 518-373-2345, 620 Plank Road,
- Post Road Lodge: 518-584-4169 Rt. 9, Ballston Spa

· Bed and Breakfast - The Cottage on the Hudson 93 Hudson Avenue, Stillwater, 3 miles from HUR, enclosed heated pool, \$55 per night, single or double (so, you get 2 for price of 1)
Call early! 518-664-8780 or gcook1@nycap.rr.com.

· Cabins- Stillpoint Interfaith Retreat Center: beautiful setting, use of meditation room etc, cabins

are winterized, 7 miles from HUR, \$55-\$65/night. Call 518-587-4967.

~~Meals are catered (vegetarian) prepared by separate chef, payable to SDI (or check with the retreat center). The cost is \$36 for~~

Meals: Dinners will be catered if there is enough interest in that option. Please indicate your interest on your registration so an order can be placed in advance. Our caterer supplies healthful, mostly organic meals at an approximate cost of \$18 per meal. Breakfast and lunch are on your own and there are a few small restaurants within walking distance of SDI. Snacks are available during the day provided as a fundraising effort for the Foundation for Human Movement Studies.

If you have questions, please email Kay at sdiamissions@earthlink.net or call 518-695-6377.